## **CSSS de Laval Users' Committee Informs You**



The health and well-being of each and everyone is the center of many debates. One very often speaks about users' rights, but what about their responsibilities? The values, laws and standards related to health and well-being bring certain responsibilities, which aim to protect the individual interest as well as the public one. Health and social services users must be aware of these responsibilities in regards to several authorities.

# Health and well-being: a collective and constant engagement.



#### Himself

- Try to maintain and improve his health condition and wellbeing.
- Speak up and contribute to the various decisions made con-

his health cernina

• Get involved, as much as possible, in care and services affecting him.

## Other users

- and respectful with his room or unit neighbours.
- Make sure that his close relations respect the visiting hours and

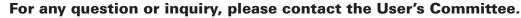
conditions in order not to disturb the rest of others.

### **Employees and** volunteers

- Collaborate with the speakers in order to meet as best as possible his needs.
- Speak up if anything appears abnormal to him in order to ensure maximum safety.
- Establish respectful, non-violent and harassment free relations with the people working near him.

### Establishment

- Preserve the public goods at his disposal.
- Respect the establishment's regulations.



This information capsule is brought to you by the CSSS de Laval Users' Committee, whose president is:

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condition and well- • Be courteous, discrete being.

- de Laval

Centre de santé et de services sociaux

